

W/E and W/E KAN Volunteer Program Weekend/Evening and Weekend/Evening Kids Action Network Volunteer Program Montgomery County Volunteer Center



Phone: 240-777-2600 Fax: 240-777-2601

Web site: www.montgomeryvolunteer.org Email: volunteer@montgomerycountymd.gov

FEBRUARY 2004 PROJECTS

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---------------------------------------|--|---|---------------------------|--|
| 1 24. KEEN Young Adult Sports | 2 | 3 | 4 | 5 | 6 | 7 6. Discovery Creek 7. BAPA's ImaginationStage 25. Rebuilding Together |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 8. BAPA's Imagination Stage | 9. Dwelling Place | | 16. Arc Beauty Night 32. Jubilee's Valentine Dance 26. Arc Beauty Night | 1. Manna Food Center | 27. Springvale Terrace | 14. Rockville Nursing Home22. Interfaith Clothing Ctr-G |
| 4- | 16 | 17 | 18 | 19 | 20 | 21 |
| 2. DC Central Kitchen 10. BAPA's ImaginationStage | 3. Manna Food Center 15. Asbury Methodist 28. Arts & Crafts | 11. Hospital for Sick Children | 4. Food & Friends | 12. MOMS of MHA | 18. CHI Dance | 5. SHARE Food Network 13. BAPA's Imagination Stage 17. KEEN Swim 29. Interfaith Clothing Ctr-G |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| | 19. PCR Music NoteAbles | | | 20. PCR Music NoteAbles | | 23. Interfaith Clothing Ctr-R 31. Rockville Nursing Home |
| 30. PCR Basketball | | | | | | , and the second |
| 29 21. PCR Basketball | March 1 | March 2 PRESIDENTIAL PRIMARY ELECTION | March 3 | Projects in Italics (Items #24 - #31) are W/E KAN Volunteer Projects | | |



W/E Volunteer Program Weekend/Evening Volunteer Program



The W/E Volunteer Program provides weekend and evening volunteer projects for area residents who would like to get involved in group community service activities. All W/E Volunteer projects are Student Service Learning approved and supervised by a W/E Volunteer Team Captain and a staff person from the non-profit agency. To learn more, visit our Web site at www.montgomeryvolunteer.org

Kirsten Murray, W/E Volunteer Coordinator

401 Hungerford Drive, First Floor

Rockville, MD 20850

240-777-2600 [ph] 240-777-2601 [fax]

Montgomery County Volunteer Center

E-mail: kirsten.murray@montgomerycountymd.gov



Are you friendly, out-going, and organized? Do you want to learn more about the County and its variety of residents and services? Are you ready to take the next step in volunteering? Please contact me about becoming a W/E Volunteer Team Captain! The only requirement is to HAVE FUN!

Februarv ects

Please contact Team Captain for more info and to register

PACK AND PREPARE FOOD FOR HUNGRY OR HOMELESS



& 3. Pack Food Boxes at Manna!

Thursday, February 12 Monday, February 16

7:00PM - 8:30PM

Sort and pack cans, boxes, fruits, and vegetables for distribution to needy individuals and families. Manna Food Center collects and distributes food to thousands of families, soup kitchens, homeless shelters, group homes, emergency assistance organizations and lowincome housing projects each month.

Min Age: 14 (younger w/adult) Max # of Volunteers: 10

Location: Rockville

Web site: www.mannafood.org

2/12 W/E Volunteer Team Captain: Julie Bernstein Email: iuliebb36@aol.com home: 301-984-5898 **Phone Number:**

2/16 W/E Volunteer Team Captain: Kim Kidwell kkidwell7205@comcast.net home: 301-216-2972 **Phone Number:**



2. Combat Hunger While Creating

Opportunity at DC Central Kitchen!

Sunday, February 15

9:00AM - Noon

Work alongside the men and women in DCCK's culinary job training program. Kitchen tasks include chopping vegetables, sorting fresh produce, mixing salads, portioning meals, de-boning meat and assisting with other tasks vital to operating a 10,000-sq ft community kitchen. Volunteers are often invited to stay for lunch. The DC Central Kitchen safely recovers unserved food from area food service businesses and converts the donated food into 4,000 balanced meals each day for hungry children and adults in the DC metro area, while at the same time training unemployed individuals in basic culinary skills.

Max # of Volunteers: 7 Min Age: 12

Location: Washington, DC

Web site: www.dccentralkitchen.org

W/E Volunteer Team Captain: Willa Fleming Email: fleming_willa@bah.com **Phone Number:** work: 301-255-2839

4. Help Those with HIV/AIDS at Food & Friends!

Wednesday, February 18

5:30PM - 8:00PM

Work with chefs to prepare, cook or package food for people living with AIDS and other life-threatening illnesses. This includes basic culinary tasks and no food preparation experience is needed. Food & Friends prepares, packages and delivers meals and groceries to more than 1,100 people living with HIV/AIDS and other lifechallenging illnesses such as breast, lung and colon cancer throughout Washington, DC and 14 counties of Maryland and Virginia.

Min Age: 14 Max # of Volunteers: 8

Location: SE Washington, DC Web site: www.foodandfriends.org

W/E Volunteer Team Captain: **Teri Trainer** Email: teri@choresnomore.us **Phone Number:** home: 301-565-5187



5. Pack Food for SHARE Food

Network!

Saturday, February 21

9:00AM - Noon

Divide up, sort, pack, and bag food for SHARE's monthly food distribution. SHARE (Self-Help and Resource Exchange Program) Food Network helps families and individuals save money on groceries while helping the community through volunteer service.

Min Age: 14 (younger w/adult) Max # of Volunteers: 15

Location: Hyattsville Web site: www.sharedc.org

W/E Volunteer Team Captain: Gena Barbieri Email: barbieri@djj.state.md.us



W/E VOLUNTEER PROGRAM

Weekend/Evening Volunteer Program

MAKE A DIFFERENCE IN A CHILD'S LIFE

6. Have Fun at Discovery Creek!

Saturday, February 7

9:00AM - 1:00PM Dwelling Pla

Volunteer duties include assisting with hikes, crafts, greeting visitors, and set-up/break down of site. The current special exhibition, "Rotten But Not Forgotten," allows visitors of all ages to explore the scientific process of decomposition. Visitors can crawl into a giant rotting log and meet the different animals that use the log as food, shelter, and a place to raise their young. Discovery Creek Children's Museum of Washington is committed to helping all children experience, appreciate, and become stewards of the natural environment.

Min Age: 13 Max # of Volunteers: 4

Location: Glen Echo Park

Web site: www.discoverycreek.org

W/E Volunteer Team Captain: Teri Trainer
Email: teri@choresnomore.us
Phone Number: home: 301-565-5187

7. Help Make the Arts Accessible to All at a VIP Performance at BAPA!

Saturday, Feb 7 6:30PM - 10:00PM

Usher, take tickets, hand out programs prior to the show and assist with gift carts and cafe sales during intermission and after the show, "Tales From India". Volunteers will receive a complimentary ticket for another performance (since they will not be able to watch this entire show). [Show description: The nationally acclaimed Deaf Access Company, a pre-professional company of deaf and hearing teens, presents a collection of folktales from India. Fully accessible to both deaf and hearing audiences, this highly visual production features sign language blended with spoken voice, traditional Indian music, dance and shadow puppetry.] BAPA's Imagination Stage makes the arts inclusive and totally accessible to all children whatever their physical, cognitive or financial abilities.

Min Age: 14 Max # of Volunteers: 3

Location: Bethesda

Web site: www.imaginationstage.org

W/E Volunteer Team Captain: Kim Kidwell Email: kkidwell7205@comcast.net Phone Number: home: 301-216-2972

8 & 10. See BAPA in Action!

 Sunday, February 8
 11:30AM - 4:00PM

 Sunday, February 15
 11:30AM - 4:00PM

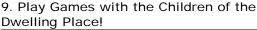
See BAPA's Imagination Stage in action during multiple performances of "Mufaro's Beautiful Daughters" and "Tales from India". Usher, take tickets, hand out programs prior to the shows and assist with gift carts and cafe sales during intermission and after the shows. [Show description for "Mufaro's Beautiful Daughters": A mystical, magical African Cinderella story about a pure-hearted girl, her selfish sister, and their loving father. Each girl takes a different path toward her destiny--and toward winning the heart of a prince. This beautiful lyrical production will feature African dancing and drumming.]

Min Age: 14 Max # of Volunteers: 6

Location: Bethesda

2/8 W/E Volunteer Team Captain: Zohreh Movahed Phone Number: work: 301-206-7053 2/15 W/E Volunteer Team Captain: Jernee Davis Phone Number: home: 301-601-1953 Email: Lamamom@aol.com





Monday, February 9

6:45PM - 8:45PM

Spend an evening providing a safe, nurturing, and fun environment for children while their parents attend a Life Skills Workshop. The Dwelling Place provides temporary and long-term housing for homeless families.

Min Age: 14 Max # of Volunteers: 7

Location: Gaithersburg

Web site: www.dwellingplaceinc.org

W/E Volunteer Team Captain: Diane Henderson Phone Number: home: 301-515-4232

11. Help the Recreational Therapy Dept. at the Hospital for Sick Children!

Tuesday, February 17

5:30PM - 7:00PM

Spend some time reading stories, playing, and working on craft projects with the patients. The Hospital for Sick Children serves the needs of the community by providing rehabilitation and specialty services to children and their families.

Min Age: 16 Max # of Volunteers: 8

Location: Washington, DC Web site: www.hfscsite.org

W/E Volunteer Team Captain: Gena Barbieri Email: barbieri@djj.state.md.us Phone Number: work: 301-279-1580, ext. 345

12. Provide a Watchful Eye for MOMS!

Thursday, February 19

5:30PM - 9:30PM

Help provide a safe, nurturing, and fun experience for children while their mothers attend life-skills classes. The Mothers Offering Maternal Support (MOMS) Program of the Mental Health Association is a one-to-one program that matches teen mothers, 12-24 years old, with an experienced mother who is a supportive friend, advocate, and role model.

Min Age: 15 Max # of Volunteers: 10

Location: Rockville
Web site: www.mhamc.org

W/E Volunteer Team Captain: Elaine Lewis
Email: elaine.lewis@hrh.com
Phone Number: work: 301-692-3047

13. See "Mufaro's Beautiful Daughters" at BAPA's Imagination Stage!

Saturday, February 21

11:30AM - 4:00PM

Usher, take tickets, hand out programs prior to the shows and assist with gift carts and cafe sales during intermission and after the show. [Show description for "Mufaro's Beautiful Daughters": A mystical, magical African Cinderella story about a pure-hearted girl, her selfish sister, and their loving father. Each girl takes a different path toward her destiny--and toward winning the heart of a prince. This beautiful lyrical production will feature African dancing and drumming.] BAPA's Imagination Stage makes the arts inclusive and totally accessible to all children whatever their physical, cognitive or financial abilities.

Min Age: 14 Max # of Volunteers: 4

Location: Bethesda

W/E Volunteer Team Captain: Linda Douglas
Phone Number: home: 301-990-7986



W/E VOLUNTEER PROGRAM

Weekend/Evening Volunteer Program



BRIGHTEN A SENIOR'S DAY



📆 👫 14. Assist with Bingo at Rockville

Nursing Home!

Saturday, February 14

1:15PM - 2:45PM

Help the staff of Rockville Nursing Home (RNH) with their weekly bingo games. Rockville Nursing Home is a non-profit nursing home that provides quality nursing care around the clock.

Min Age: 14 (younger w/ adult) Max # of Volunteers: 8

Location: Rockville

W/E Volunteer Team Captain: Sherry & Alan Neff Phone Number: home: 301-540-7111

Web site: rockvillenursinghome.org

HAVE FUN WITH PEOPLE WITH SPECIAL **NEEDS**

16. Share Your Beauty Secrets!

Wednesday, February 11

Meet at the Arc of Montgomery County's conference room for a night of beauty! Assist a professional beauty consultant in showing high-functioning females how to apply makeup, paint fingernails, and do their hair ("Color Me Beautiful" staff will be consulting as well). Bring your favorite hair styling tools to demonstrate on yourself. The Arc of Montgomery County provides support, advocacy and choices for people who have mental retardation and other developmental disabilities.

Min Age: 13 Max # of Volunteers: 15

Location: Rockville

Web site: www.arcmontmd.org

W/E Volunteer Team Captain: **Vicki Johnson** Email: v.johnson@buchananpartners.com Phone Number: cell: 240-994-1648

17. Make a Splash at KEEN Swim!

Saturday, February 21 (1 session) 9:00AM - 10:30AM

Provide one-on-one swimming coaching for individuals with mental and physical disabilities. The Kids Enjoy Exercise Now (K.E.E.N.) Foundation, Inc, is a non-profit, volunteer organization that provides an open, unstructured environment for people with any type of disability, including those with significant needs.

Max # of Volunteers: 10 Min Age: 15

Location: Rockville Web site: www.keenusa.org

W/E Volunteer Team Captain: VickiJohnson Email: v.johnson@buchananpartners.com Phone Number: cell: 240-994-1648

18. Dance the Night Away at CHI!

Friday, February 20 7:00PM - 10:00PM

End the week on a high note by spending Friday night serving refreshments, dancing, and having a blast with program participants. CHI offers people with developmental disabilities the opportunity to enhance personal growth by developing healthy relationships with family, friends, and community. The Friday night social attracts up to 150 residents in Montgomery, Howard, and Prince George's

County group homes.

Min Age: 18 Max # of Volunteers: 5

Location: Silver Spring Web site: www.chicenters.org

W/E Volunteer Team Captain: **Vicki Johnson** Email: v.iohnson@buchananpartners.com Phone Number: cell: 240-994-1648

15. Spend President's Day at Asbury!

Monday, February 16

10:00AM - Noon

6:30PM - 8:20PM

Escort the Asbury residents to and from the bingo and help them play the game. Asbury Methodist Retirement Village is committed to providing seniors with superior accomodations, services, amenities, and access to quality healthcare.

Min Age: 18 (younger w/adult) Max # of Volunteers: 6

Location: Gaithersburg Web site: www.asbury.org

Community Resources!

W/E Volunteer Team Captain: Jernee Davis **Phone Number:** home: 301-601-1953 Fmail: Lamamom@aol.com

19. Be NoteAble through Music at Potomac

7:00PM - 9:00PM

Monday, February 23 Assist the professional music therapist with the NoteAbles Muisc Enjoyment Group by providing one-on-one help for participating teens and adults with developmental disabilities. Help participants by encouraging singing, movement, conversation, and participation. Potomac Community Resources (PCR) provides programs and support to teens and adults with developmental disabilities and their caregivers.

Min Age: 15 Max # of Volunteers: 4

Location: Bethesda

Web site: www.potomaccommunityresources.org

W/E Volunteer Team Captain: **Teri Trainer** Email: teri@choresnomore.us **Phone Number:** home: 301-565-5187

20. Be NoteAble through Music at PCR!

Thursday, February 26

7:00PM - 8:00PM

Assist the professional art therapist and staff conducting recreational art programs for teens and adults with developmental disabilities by providing one-on-one assistance and social interaction with the participants.

Min Age: 15 Max # of Volunteers: 4

Location: Potomac

Web site: www.potomaccommunityresources.org

W/E Volunteer Team Captain: VickiJohnson Email: v.johnson@buchananpartners.com **Phone Number:** cell: 240-994-1648

21. Shoot Some Hoops at PCR!

Sunday, February 29

4:30PM - 5:30PM

Play basketball and socialize with the clients of Potomac Community Resources so that they can improve motor and social skills.

Min Age: 15 Max # of Volunteers: 5

Location: Potomac

Web site: www.potomaccommunityresources.org

W/E Volunteer Team Captain: **Mike James** miames6043@aol.com Email: **Phone Number:** home: 301-916-6767





W/E VOLUNTEER PROGRAM

Weekend/Evening Volunteer Program

ORGANIZE GOODS FOR LOW-INCOME RESIDENTS

22. Sort Clothing for the Needy at Interfaith Clothing Center Gaithersburg!

Saturday, February 14

9:00AM - Noon

Sort, fold, and display donated clothing and housewares, take down empty hangers, restock shelves, and assist with clients. The Interfaith Clothing Center serves thousands of families each year by distributing clothing, household goods, and school supplies free of charge to low-income residents of Montgomery County.

Min Age: 14 (younger w/adult) Max # of Volunteers: 8

Location: Gaithersburg

Web site: www.communityministrymc.org

W/E Volunteer Team Captain: June Malina Email: jmalina@erols.com
Phone Number: home: 301-540-2601

23. Sort Clothing for the Needy at Interfaith Clothing Center Rockville!

Saturday, February 28

9:00AM - Noon

Sort, fold, and display donated clothing and housewares, take down empty hangers, restock shelves, and assist with clients. The Interfaith Clothing Center serves thousands of families each year by distributing clothing, household goods, and school supplies free of charge to low-income residents of Montgomery County.

Min Age: 14 (younger w/adult) Max # of Volunteers: 12

Location: Rockville

Web site: www.communityministrymc.org

W/E Volunteer Team Captain: Kim Kidwell Email: kkidwell7205@comcast.net Phone Number: home: 301-216-2972

LATE ADDITION

32. Be a Sweetheart at Jubilee's Valentine Dance!

Wednesday, February 11

6:00PM - 9:30PM

Be a sweetheart at the Jubilee Association's "Valentine Dance"! Volunteers will help set up and decorate the room, serve punch and snacks, dance with clients, and help clean up. Jubilee Association provides services to adults with developmental disabilities.

Min Age: 18 Max # of Volunteers: 5

Location: Gaithersburg

W/E Volunteer Team Captain: Sharon Freedman Email: sfreedman@jubileemd.org Phone Number: work: 301-949-8628



Special thanks to Calvert for printing and mailing the W/E & W/E KAN Volunteer Calendar.

Montgomery County Volunteer Center 401 Hungerford Drive, 1st Floor Rockville, MD 20850



W/E KAN Volunteer Program

Weekend/Evening Kids Action Network Volunteer Program



The W/E KAN Volunteer Program provides supervised, group student service learning and community service projects to middle and high school students. This program is intended to promote a healthy attitude toward volunteering, to give youth a connection to their community, and to provide youth with a positive and rewarding pastime. All W/E KAN Volunteer participants receive a free T-shirt and Student Service Learning hours. Youth may participate in both W/E and W/E KAN Volunteer projects (provided that they meet the minimum age requirements set by the non-profit agency). You can learn more at www.montgomeryvolunteer.org

Why should YOU volunteer?

To meet your Student Service Learning or Community Service requirements, to have fun, to learn new skills, to meet new people, to improve your resume, to leave the world a better place than you found it, to reconnect with your community, and maybe to even learn more about yourself!

Adam Luecking, W/E KAN Volunteer Coordinator

Montgomery County Volunteer Center

401 Hungerford Drive, First Floor

Rockville, MD 20850

240-777-2621 [ph] 240-777-2601 [fax]

E-mail: adam.luecking@montgomerycountymd.gov



FEBRUARY 2004 PROJECTS

24. Play Sports with KEEN Young Adults!

Sunday, February 1

2:30PM - 4:45PM

Provide one-on-one sports and recreation coaching for young adults with mental and physical disabilities (ages 20 and over). The Kids Enjoy Exercise Now (K.E.E.N.) Foundation, Inc, is a non-profit, volunteer organization that provides an open, unstructured environment for people with any type of disability, including those with significant needs.

For Ages: 15 to 19 Max # of Volunteers: 15

Location: Bethesda

Web site: www.keenusa.org

W/E KAN Volunteer Team Captain: Adam Luecking Email: adam.luecking@montgomerycountymd.gov Phone Number: work: 240-777-2621

25. Paint a Homeless Shelter with Rebuilding Together *Montgomery County!

Saturday, February 7

9:00AM - 1:00PM

Paint the inside of a local homeless shelter for women. Please wear comfortable clothes that can get dirty. Rebuilding Together *Montgomery County works in partnership with the community to address the needs of low-income elderly and disabled homeowners by performing home repairs and home modifications and by providing referrals to social service providers to address issues surrounding social, financial, mental health, physical health and daily living activities.

For Ages: 15 to 19 Max # of Volunteers: 10

Location: Rockville

Web site: www.rebuildingtogethermc.org

W/E KAN Volunteer Team Captain: Adam Luecking Email: adam.luecking@montgomerycountymd.gov Phone Number: work: 240-777-2621

26. Share Your Beauty Secrets and Help the Gals at Arc Get Ready for Valentine's Day!

Wednesday, February 11

7:00PM - 9:00PM

Meet at the Arc of Montgomery County's conference room for a night of beauty! Assist a professional beauty consultant in showing high-functioning females how to apply makeup, paint fingernails, and do their hair ("Color Me Beautiful" staff will be consulting as well). Bring your favorite hair styling tools to demonstrate on yourself. The Arc of Montgomery County provides support, advocacy and choices for people who have mental retardation and other developmental disabilities.

For Ages: 13 to 19 Max # of Volunteers: 15

Location: Rockville

Web site: www.arcmontmd.org

W/E Volunteer Team Captain: Vicki Johnson Email: v.johnson@buchananpartners.com **Phone Number:** cell: 240-994-1648





W/E KAN VOLONTEER PROGRAM

Weekend/Evening Kids Action Network Volunteer Program



27. Get Ready for Valentine's Day at Springvale Terrace Retirement Community!

Friday, February 13

2:30PM - 4:00PM

Have fun at Springvale Terrace by helping them with their Valentine's Day activities. All that is needed is a smile and a desire to spend some time socializing with others. Springvale Terrace is a non-profit retirement community for active, independent and assisted care seniors. Sponsored by the United Church of Christ, the home provides housing to retired persons regardless to race, color, sex, religious or national origin. The home works to provide a high quality of living at an affordable price.

For Ages: 14 to 19 Max # of Volunteers: 10

Location: Silver Spring

Web site: www.springvaleterrace.com

W/E KAN Volunteer Team Captain: Adam Luecking Email: adam.luecking@montgomerycountymd.gov **Phone Number:** work: 240-777-2621



28. NO SCHOOL? Make Arts and Crafts for Others In Nursing Homes and Hospitals!

Monday, February 16

2:00PM - 4:00PM

Spend your day off from school making arts and crafts projects for senior citizens in area nursing homes and patients in local hospitals. The projects may include making bookmarks, greeting cards, placemats, etc. Put your creativity to use for others less fortunate!

FOR ALL AGES Max # of Volunteers: 50

Location: Rockville

W/E KAN Volunteer Team Captain: Adam Luecking Email: adam.luecking@montgomerycountymd.gov **Phone Number:** work: 240-777-2621

29. Sort Clothing for the Needy at Interfaith Clothing Center Gaithersburg!

Saturday, February 21

9:00AM - Noon

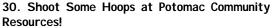
Sort, fold, and display donated clothing and housewares, take down empty hangers, restock shelves, and assist with clients. The Interfaith Clothing Center serves thousands of families each year by distributing clothing, household goods, and school supplies free of charge to low-income residents of Montgomery County.

For Ages: 14 to 19 Max # of Volunteers: 8

Location: Gaithersburg

Web site: www.communityministrymc.org

W/E KAN Volunteer Team Captain: Adam Luecking Email: adam.luecking@montgomerycountymd.gov **Phone Number:** work: 240-777-2621



Sunday, February 22

4:30PM - 5:30PM

Play basketball and socialize with the clients of Potomac Community Resources so that they can improve motor and social skills. Potomac Community Resources provides programs and support to teens and adults with developmental disabilities and their caregivers.

For Ages: 15 to 19

Max # of Volunteers: 5

Location: Potomac

Web site: www.potomaccommunityresources.org

W/E KAN Volunteer Team Captain: Adam Luecking Email: adam.luecking@montgomerycountymd.gov **Phone Number:** work: 240-777-2621

31. Assist with Bingo at Rockville Nursing Home!

Saturday, February 28

1:15PM - 2:45PM

Help the staff of Rockville Nursing Home with their weekly bingo games. Rockville Nursing Home is a non-profit nursing home that provides quality nursing care around the clock.

Max # of Volunteers: 8 For Ages: 14 to 19

Location: Rockville

Web site: rockvillenursinghome.org

W/E KAN Volunteer Team Captain: Adam Luecking Email: adam.luecking@montgomerycountymd.gov **Phone Number:** work: 240-777-2621



Looking to get involved in politics on March 2nd for the Maryland Primary election?

For opportunities to volunteer, please contact:

Montgomery County Democratic Central Committee 301-946-1000

http://www.mcdcc.org

Montgomery County Republican Party 301-417-9256 http://www.mcgop.net